

Indian and South Asian Families caring for their disabled/special-needs family members Support Group Meeting

Thursday 28th July 2016 – 5:30pm to 8:00pm
Whanau room, Mt Richmond School
30 Albion Road, Otahuhu, Auckland
FREE entry and ample FREE car parking
Complimentary light vegetarian supper included

The Parent and Family Resource Centre (trading as Disability Connect) is delighted to announce the Indian and South Asian families caring for their disabled and or special needs family members Support Group meeting in July.

This month's topic is **Understanding Sensory Issues**.

Christine Farquharson, Family Consultant and Occupational Therapist at Children's Autism Foundation will deliver this presentation.

It is known that people with a disability, particularly children/young people on the Autism spectrum show sensitivity to sensory stimuli and sensory issues affect their moods and behaviours. In this presentation, Christine will help us understand:

- Sensory sensitivities and limitations
- Link between autism and sensory processing issues
- Sensory behaviour
- Anxiety

As parents/caregivers, it is important that we identify and respond to these behaviours effectively and safely. Christine will present possible strategies to manage these behaviours using:

- Sensory toolkits

Much of this information is applicable to any type of disability, and not just people on the Autism spectrum.

Please note that the workshop will start promptly at 6pm

Programme for the day:

5:30pm Registrations open and networking (refreshments and vegetarian supper provided)

6:00pm Presentation: Understanding and managing sensory issues

8:00pm Finish

For catering purposes it is important to register for this meeting. You can register by emailing Disability Connect admin@disabilityconnect.org.nz or asoka@disabilityconnect.org.nz. You can also phone 09 636-0351 to book over the phone. [Click here](#) for a map link to the venue.