



WELCOME TO THE CALD CHILD HEALTH AND DISABILITY NEWSLETTER.

CALD stands for Culturally and Linguistically Diverse. The CALD Child Health and Disability Programme is funded by the Ministry of Health through the NRA Asian, Refugee and Migrant Health Action Programme.

NEW CALD CHILD HEALTH RESOURCE AVAILABLE FROM ECALD® SERVICES

There is a new resource available for health providers caring for Asian children and young people and their families. Caring for Asian Children: Culture and Health resource is the result of a request for an up-to-date Paediatrics web resource for medical students at Auckland University.

Creating the resource was a team effort by Dr Sharon Wong and Dr Bobby Tsang, Waitemata DHB senior -paediatricians, and Dr Annette Mortensen and Sue Lim from eCALD® Services, Institute for Innovation and Improvement at Waitemata DHB. Two versions were produced, a shorter version for the web resource which is linked to the full resource on the eCALD® website.

This joint approach ensured the quality of the work. Annette explained, “The collaboration with senior Waitemata DHB paediatricians who were from Asian backgrounds enriched the experience of developing best practice approaches to working effectively with families from CALD

backgrounds. It was particularly helpful to hear directly from paediatricians about the sorts of cultural issues they encounter and to be able to work together to create a resource that provides practical tips and guidelines.”

Caring for Asian Children provides an overview and perspective on Asian children and their families including, their health status, health needs and the socio-cultural issues affecting Asian children’s health in New Zealand. It offers a general guide with strategies on how to be culturally effective and responsive to Asian families when caring for their children.

The resource is packed with useful material, including cultural assessment tools and tips and case scenarios to enhance understanding. It complements the CALD Cultural Competency Training Programme. It is expected that readers of this resource will have completed CALD 1: Culture and Cultural Competency and other recommended courses and readings.

To find out more about how to access the resource go to www.eCALD.com under [Resources / Cross Cultural Resources section](#). 





UPDATE ON THE AUCKLAND DHB SOUTH ASIAN & OTHER FAMILIES SUPPORT GROUP

This group, supported by Community Health Worker Hyma Danthala and the Auckland DHB Child Development Team, is now into its sixth year. At the February meeting, to which many members wore red for Valentine's Day, the group heard the feedback that was collected from members at the end of last year about what the group does well and areas to work on in future.

There was much positive feedback. Members found the group to be welcoming, supportive, informative, empowering, friendly, trustworthy, respectful, understanding, constructive and open. Supporting and sharing information between members continued outside of meetings and the holiday programmes felt like family gatherings to everyone and also improved their socialising and communication skills. Support with learning to drive was appreciated and Hyma's support and leadership was valued by everyone.

Suggestions for the future and areas to work on included: having more catch-up/coffee time, ensuring guest speakers speak English slowly, improved communications systems for surprise parties and between meetings, and providing new families with more of an introduction.



The plan for the year's meetings was also



presented at this meeting. The group will meet the third Tuesday of every month and the holiday programmes this year will be at the Lynnfield YMCA.

At its March meeting the guest speaker was Diane Morris, Outreach Coordinator for Autism NZ Auckland Branch. Diane spoke on the topic of questions parents need to ask in IEP meetings at school.

For more information about this parent support group contact Auckland DHB Community Health Worker Hyma Danthala on 639-0200, ext 27507 or email hymavathid@adhb.govt.nz 

FAREWELL TO CULTURAL CASEWORKER ABDI MUSSE

In March the Waitemata DHB Child Development service said goodbye to Abdi Musse, one of their cultural caseworkers specialised in the care of refugee and Muslim families. Abdi was one of the first cultural caseworkers hired at Waitemata DHB, starting in the role in 2010. After a short sojourn at CCS Disability Action, he returned to the role in 2014 and continued to work passionately to improve access to health and disability support services for children from refugee backgrounds and their families.

Abdi also lead the way in providing education and information to refugee communities on health and disability services in New Zealand and



on promoting the social model of disability within these communities, organising many seminars for clients and community leaders. He also helped to establish the Umma Trust disability support group for Muslim women and women from refugee backgrounds.

Abdi is deeply committed to social justice and human rights for all people. He is returning to Somalia for family reasons, and hopes to return to New Zealand in the future. 



UPDATE ON DISABILITY CONNECT'S THREE PARENT AND FAMILY SUPPORT GROUPS

The three groups supported by Disability Connect are all well into their meeting schedule for the year. The Chinese Families Autism Support Group meets monthly on the third Tuesday in Pakuranga. At its February meeting Sanny Chan, Community Disability Cultural Advisor of Disability Connect, spoke in Mandarin about after-school and holiday programmes, with copies of the presentation available in English. At its March Meeting, Rachel Cheung from Sensory Corner spoke about sensory issues and toys. It is important for parents to understand the significance of sensory play and how it benefits children with autism. The presentation was in English and interpreted into Mandarin.



All Chinese and Asian families are welcome to attend these meetings. Phone 09 526 1298 (DDI) or 09 636 0351 or sanny@disabilityconnect.org.nz for more information or to book.

The Culturally Diverse Parent Support Group meeting monthly at Mt Richmond School in Otahuhu. At its February meeting Celia King from Specialised Counselling spoke on the topic "When friends are not enough". This was an interactive workshop where participants learned self-help and peer support strategies and how to recognise warning signs



that they or someone else needs more than friends can offer. At its March meeting, Robin Barnaby, Service Leader from IDEA Services spoke on the topic 'Creating Visuals'. This was about visual aids to assist children with disabilities to understand rules, daily routines and making choices.

Please contact Asoka at Disability Connect for more information or bookings – phone 09 636 0351 or 027 457 8571 or email asoka@disabilityconnect.org.nz.

The Parent Support Group for the Indian Community meets monthly at Clover Park Community House. The meetings follow an informal conversational format – a chance to ask questions, meet and make new friends and gain support and connections from similar families. Asoka Gamage-Mendis from Disability Connect hosts these meetings. Please email admin@disabilityconnect.org.nz or asoka@disabilityconnect.org.nz or phone 09 636 0351 or text/phone 027 457 8571 to book. 



eCALD[®]

Culturally And Linguistically Diverse

eCALD[®] news provides useful resources for health planners, researchers and providers about culturally and linguistically diverse (CALD) populations.

If you wish to subscribe to our newsletter or you wish to send us CALD related information for us to promote please email cald@waitemataadhb.govt.nz



CALD refers to culturally and linguistically diverse groups who are migrants and refugees from Asian, Middle Eastern, Latin American and African (MELAA) backgrounds.



WE FAREWELL CULTURAL CASEWORKER IM SOO KIM

by Shirley Campbell, Team Leader Community Child Health North Waitemata DHB

Im Soo Kim was one of the first CALD Cultural Case Workers employed within Waitemata DHB to service the refugee and migrant Child Health and Disability consumers. After 8 wonderful years in this role Im Soo has resigned and is taking on new challenges with Asian Family Support Services.

It was with sadness, gratitude and celebration that Child Health staff in Waitemata DHB fare-welled Im Soo from the Child Development Service on 3 March. **Sadness** because Im Soo grew to provide such great cultural support to the families he engaged with and staff knew they were losing a colleague they had come to respect and appreciate. **Gratitude** for the journey he had taken in embracing the CCW role and for forging forward with developing vital across-agency connections. **Celebration** of the immense contribution Im Soo has made to consumers, staff and resources which will support CALD families into the future.

Im Soo's portrayal of Waitemata DHB core values: Everyone Matters; With Compassion; Connected; and Best, Better, Brilliant was spoken of by a number of staff. We wish him all the best in his new role. ✨



DISABILITY CONNECT VIDEO RESOURCES NOW AVAILABLE ON VIMEO

We're pleased to announce that the Disability Connect translated video resources that we reported on in the last edition are now available on Vimeo.

These videos are the outcome of a collaboration between Disability Connect, the Korean Community Wellness Society, Waitemata DHB Child Development Service, the local office of the Ministry of Education and the Northern Regional Alliance and are based on Disability Connect's immensely popular Disability Support Guide with additional information about Special Education.

The videos have been recorded in English and produced in three versions. One has English subtitles, one has Korean subtitles and one has simplified Chinese subtitles. They follow an age-related, progressive format, so you can watch them individually or one after another. They cover a variety of topics on health and disability, education and social supports which families may be eligible for. The videos include power point slides with basic explanations and links to useful websites.

You can access the videos on YouTube through the Disability Connect website www.disabilityconnect.org.nz. To view them on Vimeo go to

vimeo.com/disabilityconnect/collections or go to Vimeo.com and search for 'Disability Connect' in the 'People' category. ✨

