



FREE ANTENATAL CLASSES FOR INDIAN FAMILIES

Congratulations on your Pregnancy!

We are excited to invite you to our antenatal classes where you'll learn lots of skills and get information to make informed decisions, facilitated by an Indian Midwife, just for you!

Pregnancy
Labour
Breastfeeding
Looking after a baby
Parenting

Our next course starts in Auckland at The Gardens School, 101 Charles Prevost Drive, Manurewa on the 26th June 2021.

Visit our website here: aucklandindian.parentscentre.org.nz or

Email: info@parentscentre.org.nz

~Please contact us for more dates~

Parents Centre's expertly facilitated programmes are informative, fun, interactive and engaging!