



## Waitemata DHB CALD Child Health & Disability Project

Issue 10, March 2012

Welcome to the Waitemata DHB CALD Child Health and Disability newsletter. CALD stands for **Culturally and Linguistically Diverse**. We're one of several programmes funded by the Ministry of Health to help Auckland's three DHBs implement the Auckland Regional Settlement Strategy.

### New disability awareness module launched

**A training module for health practitioners working with CALD children and adults with impairments, and their families, was launched in late February.**

*CALD8 Working with CALD Families – Disability Awareness* is the latest in a growing suite of CALD training modules available to Auckland's health workforce. The courses are CME/CNE and MOPS accredited.

Waitemata DHB's disability strategy coordinator Samantha Dalwood says the module is highly important.

"CALD people who have a disability are often disadvantaged by a lack of understanding," she says. "They may not understand how the New Zealand health system works and the health system does not always understand how disability is perceived and treated in their culture. This brilliant course examines different ways that disability is seen around the world and the impact this may have on staff, clients and families".

The module has also been a collaborative effort.

Sue Lim, Waitemata DHB's Asian Health Support Service manager says: "I was really pleased with the opportunity to work with the Child Health Service team and develop these new learning resources. Their expertise and quality review process assured me the resources will meet the learning needs of the Child Health Service workforce."

The CALD8 training module is available as face-to-face training and a self-paced online course, plus a web-based supplementary resource of culture-specific information. Prerequisites are *CALD1 – Culture and Cultural Competency* and *CALD2 Working with migrant (Asian) Patients*, or *CALD3 Working with Refugee Patients*. The courses can be accessed at [www.caldresources.org.nz](http://www.caldresources.org.nz).



***Celebrating a milestone:***  
*Waitemata DHB staff at the CALD8 training module launch*

### Behavioural support workshop for the Korean community



***Volunteers learning:*** Robin and Jing leading the behavioural support workshop.

**Around 40 St Peter's Trust volunteers attended a behavioural support workshop at the end of January.**

The five-hour workshop covered understanding of autism and behavioural issues, especially among teens with autism.

IDEA Service behavioural specialists Robin Barnaby and Jing Zhu ran the workshop, which also involved group discussion and role playing with various scenarios.

St Peter's Trust was established in 2005 by members of the Korean Catholic community to support Korean disabled children and their families.

Workshop attendees received a certificate at the end of the course.



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### Future plans for CALD cultural case workers

**We're really excited about our next phase of work to support children and families from CALD backgrounds who use Waitemata DHB child health and disability services.**

Over the last two years we successfully established the CALD cultural case worker role in our child disability services. A 2011 evaluation found there is greater complexity when providing services to CALD families, and that both CALD families and staff benefit from cultural case worker support.

So over the next 18 months we will be expanding the reach of CALD cultural case workers across the Waitemata DHB child health and disability teams. We will also broaden the referral criteria to include all CALD families who use these services. This will require careful planning to ensure that families most in need of support are prioritised.

We will also continue working with other agencies to provide CALD parent education on New Zealand's health and disability system, and to encourage the development of parent support groups.

To progress this, Sandy Latimer has been appointed to the role of CALD child health and disability programme coordinator. Part of her role is to work with Auckland and Counties Manukau DHB staff and other agencies on these activities. We look forward to sharing our progress with you over the coming months.



**Programme coordinator:**  
Sandy Latimer

### New Zealand Chinese Youth Trust workshop for parents



**Help for parents:** Ms Joyce Tam explains the TEACCH autism programme to Chinese parents

**In January, 20 Chinese parents and five volunteers attended a workshop about treating and teaching children with autism and communication difficulties.**

The New Zealand Chinese Youth Trust organised the workshop - *Application of TEACCH on home-based training and behavioural management* - which was held in Mandarin.

TEACCH (Treatment and Education of Autistic and Communication Handicapped Children) is a world-recognised, well developed structural training programme which has been found to work well for parents teaching their autistic children at home. The public health programme has a 30-year track record working with autistic people and originated in North Carolina.

The workshop responded to strong demand from Chinese parents for training in behaviour management. It provided introductory training on the TEACCH autism programme of home-based training and behaviour management for children with autism or pervasive developmental disorder.

The workshop presenters included key speaker, Joyce Tam, and her colleagues Bess Li and Yau Kit Man from Hong Kong. They are experienced preschool teachers in Heep Hong society with more than 20 years experience in teaching and training children with autism and other pervasive developmental disorders.

The New Zealand Chinese Youth Trust Support Group for Chinese Parents with Special Needs Children and Youth meets on the last Saturday afternoon of the month at 24 Craig Rd, Milford, North Shore. Interested Chinese parents can contact Mario Tang on 479-9736.

### For project information contact the project team:

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### Next issue:

Learn about the seminar for South Asian parents.