

DIABETES SELF MANAGEMENT SUPPORT

An Asian speaking Diabetes Self-Management Support (DSMS) programme is coming to Grafton in September 2019. You can refer patients with diabetes to the course. Whanau/family are more than welcome to attend.

You can refer a patient by completing the DSMS referral form and faxing to Auckland PHO 379 4024 or emailing the referral in your outbox documents. If you have any queries about DSM Support, please call the DSM Support team at Auckland PHO, telephone 379 4022.

Numbers are limited

Register early

APHO, Unit D, Level 4 210 Khyber Pass Road, Grafton

Date: Saturday September 28th 2019

Time: 9.30am – 3.30pm

The programme will cover:

- Living Well with Diabetes
- Preventing Complications and Medication Adherence
- Healthy Lifestyle
- Monitoring and Management of Diabetes

