

CROSS CULTURAL INTEREST GROUP PRESENTS:
**CALD 9 - A PROGRAMME TO ENHANCE SKILLS
IN MENTAL HEALTH PRACTICE ACROSS
CULTURES**

5 October 2012

**TO ALL MEMBERS OF THE CROSS CULTURAL
INTEREST GROUP AND MANAGERS OF MENTAL
HEALTH SERVICE UNITS**

Dear All

Announcement of the forth-coming presentation of
the Cross Cultural Interest Group on topic:

**CALD 9- A PROGRAMME TO ENHANCE SKILLS IN
MENTAL HEALTH PRACTICE ACROSS CULTURES**

I have the pleasure in announcing the forth-coming
session on the above topic and would take this
opportunity to invite your staff to attend. I should
also appreciate the favour of having the attached
flyer posted. This session will also be accessible
concurrently on the webcast for those who could not
take time to attend in person.

AIM

The presentation will provide information about the
newly launched **CALD 9 'Working with CALD
clients in Mental Health'** course and supplement-
ary resources, which is part of a series of other
CALD cultural competency courses provided to
health practitioners working in the Auckland region,
by Waitemata DHB Asian Health Support Services.

The CALD 9 course is available in a face-to-face
format and as an e-Learning module, and both are
highly informative, interactive and engaging. Victoria
will show some of the learning tools and how these
support learning through self-reflection, case stud-
ies, video demonstration and story, research mate-
rial and didactic content.

The course focuses on cultural issues in mental
health in general, whilst the supplementary re-
sources are culture specific and provide information
on how to work with the designated cultures. The
first supplementary resource is on **Working with
Asian clients in Mental Health**, and the second is
on **Working with Middle Eastern and African
clients in Mental Health**. These resources are both

a guide and a research document and include
video and audio content to supplement the mate-
rial as well as interactive questions about the
videos.

Victoria will outline the content of the course and
the resources, and will talk about how the course
assists health professionals to develop their
awareness about different cultures' experiences of
mental health, how to work with issues related to
assessment and how to collaborate and develop
treatment plans in a culturally appropriate way.
The course is a follow on of other CALD courses
such as CALD 1, 2, 3, 4, 5 and 6.

PRESENTER

Victoria Camplin-Welch is a clinical psycholo-
gist (currently unregistered) who is con-
tracted by Waitemata DHB Asian Health Support
Services to research, write and develop CALD
training courses and supplementary resources.
She also produces the video content for these re-
source development projects.

Victoria worked in clinical practice for 15 years,
and whilst working with refugees and managing
the clinical team at RASNZ she became passion-
ate about working with clients from other cultures
and interpreters, and the challenges and opportu-
nities this work affords. Victoria has since focused
her work on researching and developing learning
programmes, guides, booklets and video content
for the CALD resources, for health professionals
who work with CALD clients. She has presented
in our interest group meetings earlier this year.

DATE & TIME

**Tuesday, 23 October 2012
6.00 - 8.30 pm**

**Supper: 6.00 - 6.30 pm
Presentation: 6.45 - 7.45 pm
Discussion: 7.45 - 8.00 pm**

AUDIENCE

All members, mental health workers, clinicians, interpreters and managers of Health services who have to work across cultures. As the topic touches on some fundamental cultural issues, attendees might find the information of relevant application value across therapeutic disciplines.

A free supper is provided

VENUE

1. On- site attendance: PLEASE NOTE THE NEW VENUE, A STONE'S THROW FROM OUR FORMER ONE:

**Conference Room,
Disability Resource Centre Auckland Inc,
14 Erson Avenue,
Royal Oak**

A map is attached for your reference. A signpost would also be put next to the driveway entrance from 5.30 pm on. There is plenty of onsite parking. Please feel free to use them.

2. Concurrent transmission accessed via web-cast. The session would also be transmitted concurrently and accessible via webcast A DVD would be made available a few days after the presentation. Please obtain the webcast access number from Mr. Chris Wong e mail address: mrchrisw@yahoo.co.nz. Please notify us 1 week before hand to allow for the installation of a short programme to tune in.

RSVP & ENQUIRIES



ENQUIRES AND RSVP to Ms Tracey Bartlett, our coordinator at Mental Health Administration: Greenlane Clinical Centre. She can be contacted on:

Ph: 638 0414 (voice line) **Fax:** 638 0436 **Email:** tbartlett@adhb.govt.nz

For purposes of catering, please RSVP by

Friday 19 October 2012

SUPPER: Provided courtesy of the Cross Cultural Interest Group. For those requiring vegetarian food please let Tracey Bartlett know.

*The Cross Cultural Interest Group Team
look forward to seeing you there*