

CROSS CULTURAL INTEREST GROUP PRESENTS

"The Screening and Early Intervention of Chinese Women with perinatal mental health problems in the Community"

International Speaker: Dr Bonnie Siu



MEDICAL AND HEALTH SCIENCES
SCHOOL OF POPULATION HEALTH



Waitemata
District Health Board
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This session is jointly sponsored by the **University of Auckland's Centre for Asian and Ethnic Minority Health Research (CAHRE); Waitemata DHB's eCALD® Services;** and the **Cross Cultural Interest Group.**



A special welcome to our international speaker

Dr Bonnie Siu is a psychiatrist practising in Hong Kong and is graduated from the Medical School of the Chinese University of Hong Kong. She is a fellow of the Hong Kong College of Psychiatrists, a Specialist in Psychiatry of the Medical Council of Hong Kong and a Fellow of the Royal College of Psychiatrists. She is also a Master in Science in Health and Hospital Management of the University of Birmingham of the United Kingdom and an Associate Member of the Academy of Experts of the United Kingdom. Bonnie is currently working as the Consultant and Department Head of the Department of Forensic Psychiatry of Castle Peak Hospital of Hong Kong. Bonnie has published or presented over 40 articles on psychiatric services. She is the first Associate Consultant in psychiatry for the development of the Comprehensive Child Development Service in Hong Kong for the care of women with perinatal mental health problems.



Presentation

Ten to fifteen percent of recently delivered Chinese women suffer from postnatal depression. Postnatal depression can adversely affect the well-being of the woman, the cognitive and emotional development of her child, and the harmony of her family as a whole. The **Comprehensive Child Development Service (CCDS)** was developed and launched in Hong Kong in 2005 aiming to provide comprehensive and timely support to children and their families. Because of the potential adverse effects of postnatal depression on the early growth and development of the children, one of the major service components of **CCDS** is the early identification and management of maternal postnatal depression. **CCDS** has been implemented in phases to different districts and has now covered all the districts in Hong Kong. Under the **CCDS**, postnatal women will be routinely screened for depression at Maternal and Child Health Centers (MCHCs) (i.e. at the primary health care settings) at about 6–8 weeks postnatal with the Chinese version of the **Edinburgh Postnatal Depression Scale (EPDS)**. The implementation, the service model, the assessment tools, and the research data of the **CCDS** would be presented.



Venue, date & time

NOTE: THIS IS A ONE-OFF CHANGE IN VENUE AND DATE

Date: Tuesday, 6th September 2016

Venue: University of Auckland, Gate 1, 261 Morrin Road, St Johns, School of Population Health, Tamaki Campus

Time: 5.30pm to 7.45pm

- 5.30pm - 6.00pm: Snacks will be served in the Function Hall 220
- 6.15pm - 7.15pm: Presentation will be held in the Lecture Theatre 731-201
- 7.15pm - 7.45pm: Discussion will be held in the Lecture Theatre 731-201

There will be volunteers and signposts to direct attendees to the venues. There is plenty of onsite parking.

A free snack is provided.

RSVP: Thursday, 1st September, 2016

Email: dianee@adhb.govt.nz or phone direct dial number 09 638 0414



Who should attend

The seminar would be highly relevant to those working with Asian women in primary health, maternal health (including midwives, and Plunket nurses) and mental health services. All members, mental health workers, clinicians, managers of services and interpreters are welcome.



Webcast transmission

The seminar can be accessed live via webcast. Please send your request for access password to Chris Wong, email address: mrchris@yahoo.co.nz. It will also be posted on the web after the session for those of our members who could not attend.