

CROSS CULTURAL INTEREST GROUP PRESENTS

“Engaging Asian people in dementia care and research”

Presenters: Dr Gary Cheung, Dr Michal Lynn Boyd, Dr Sarah Cullum

June 2017

Dear All,

Re: Announcement of the forth-coming presentation of the Cross Cultural Interest Group.

“Engaging Asian people in dementia care and research” - A research workshop

This session will be accessible concurrently on the webcast for those who are unable to attend in person.

AIM

There is a growing population of Asians 65 years and over. There is also likely to be a correspondent increase in numbers of persons suffering from **Dementia**. *This presentation is a follow-up of the May meeting* where the presenters updated the Cross Cultural Interest Group on primary care dementia assessment pathways and what one needs to know to best use the support available from the PHO and DHB. *This presentation and workshop* intends to involve interested members to share their experience in a discussion group to assist the researchers in answering two broad questions:

- 1) How does the Auckland Regional Cognitive Impairment Pathway apply to Asian people living in Auckland?
- 2) How can researchers engage Asian people in clinical and epidemiological dementia research?

Dementia is a growing clinical issue for general practice with more elderly people around and more people with **dementia** and their families staying at home. In 2013 the **NZ Ministry of Health** published the **NZ Framework for Dementia Care** informing the development of **dementia care pathways** in each of the 20 publically funded DHBs. Many DHBs have now established primary-care based cognitive impairment pathway with support from secondary-care based specialist services, including a suite of recently launched nationwide e-learning resources.

Dementia is difficult to diagnose in older people with memory problems that may be due to (frequently) multiple comorbidities. It is even more challenging in people whose first language is not English, despite the assistance of interpreters. The 10/66 dementia assessment tool is a standardised language-fair, culture-fair questionnaire that was developed for use in non-English speaking communities in order to accurately measure the prevalence of **dementia** in those communities. The 10/66 protocol has been successfully used in many **dementia prevalence studies** in both developed and developing countries including Singapore where the Chinese (Mandarin and Cantonese) and Indian versions of the assessment tool were used.

You are invited to participate in this **research workshop**. More details of this workshop can be found in the **Participant Information Sheet** attached to this email.

The findings will (i) inform hospital and primary care clinicians and service managers whether the existing Auckland Regional Cognitive Impairment Pathway, developed by the 3 Auckland District Health Boards (DHBs) and Northland DHB, are suitable for Asian people presenting to their general practitioners with cognitive impairment/dementia; (ii) inform the development of a culturally appropriate research protocol for a future dementia epidemiological study.



SPEAKERS:

Dr Michal Boyd is a Gerontology Nurse Practitioner and Associate Professor with the School of Nursing and the Freemasons' Department of Geriatric Medicine at the University of Auckland. She also practices clinically in a residential aged care. She has been a provider, leader and researcher of healthcare innovations for older people since the early 1990s. Dr Boyd developed the "Residential Aged Care Integration Programme" at Waitemata District Health Board. She led the evaluation for Waitemata DHB Cognitive Impairment Pathway and is currently involved in researching primary health care for people with dementia and palliative care in residential aged care facilities.



Dr Gary Cheung is an Old Age Specialist Psychiatrist. He currently holds a joint appointment between Auckland District Health Board as a Community Old Age Psychiatrist and the University of Auckland as a Senior Lecturer. He is the Director of Academic Programme for the Auckland Regional Psychiatric Training Programme. His current research projects include suicide in older people, individual and group cognitive stimulation therapy for people with mild to moderate dementia and evaluation of an online capacity assessment learning module for GPs. He is also a member of the Dementia Prevention Research Clinic, Brain Research New Zealand.



Dr Sarah Cullum is a Senior Lecturer in Psychiatry at the University of Auckland and an Old Age Specialist Psychiatrist at Middlemore hospital in South Auckland. She has over 20 years' experience working with families living with dementia and helped to set up primary care dementia services in Bristol, UK before immigrating to New Zealand in 2016. She also trained in epidemiology, biostatistics and health services research at the University of Cambridge where she obtained her PhD. Her research interests include testing the accuracy of diagnostic tests for dementia (not as accurate as you would think!) and the ethics of screening older people for dementia. She is currently developing projects that will help to support a multicultural study of the prevalence of dementia in New Zealand.

AUDIENCE

All members, mental health workers, clinicians, managers of services and interpreters are welcome. The presentation and subsequent discussions would be of use to those who have to work with elderly Asian persons, such as GPs, staff and managers of rest homes, and Mental Health Services for Older People. As the presentation also involves using language relevant research protocols, interpreters would likely find the talk useful for their work.

TRANSMISSION

Concurrent transmission accessed via webcast. Please send request for the webcast access password to Mr Chris Wong e mail address: - mrchrisw@yahoo.co.nz. at least 1 week before to allow for installation
It will also be posted on the Web after the session for those who cannot attend.
 A free snack is provided (vegetarian options available)

VENUE, DATE & TIME

If you have registered but then are unable to attend, please let us know as soon as possible so that we can adjust our catering numbers.

Conference Room "Independent Living Service Auckland", 14 Erson Avenue, Royal Oak

Tuesday 27th June, 2017

6.00pm - 8.30pm

Supper 6.00pm - 6.30pm

Presentation 6.30pm - 7.00pm

Research Workshop 7.00pm - 8.30pm

RSVP: Friday, 23rd June, 2017

Email: dianee@adhb.govt.nz, ph 638 0414

